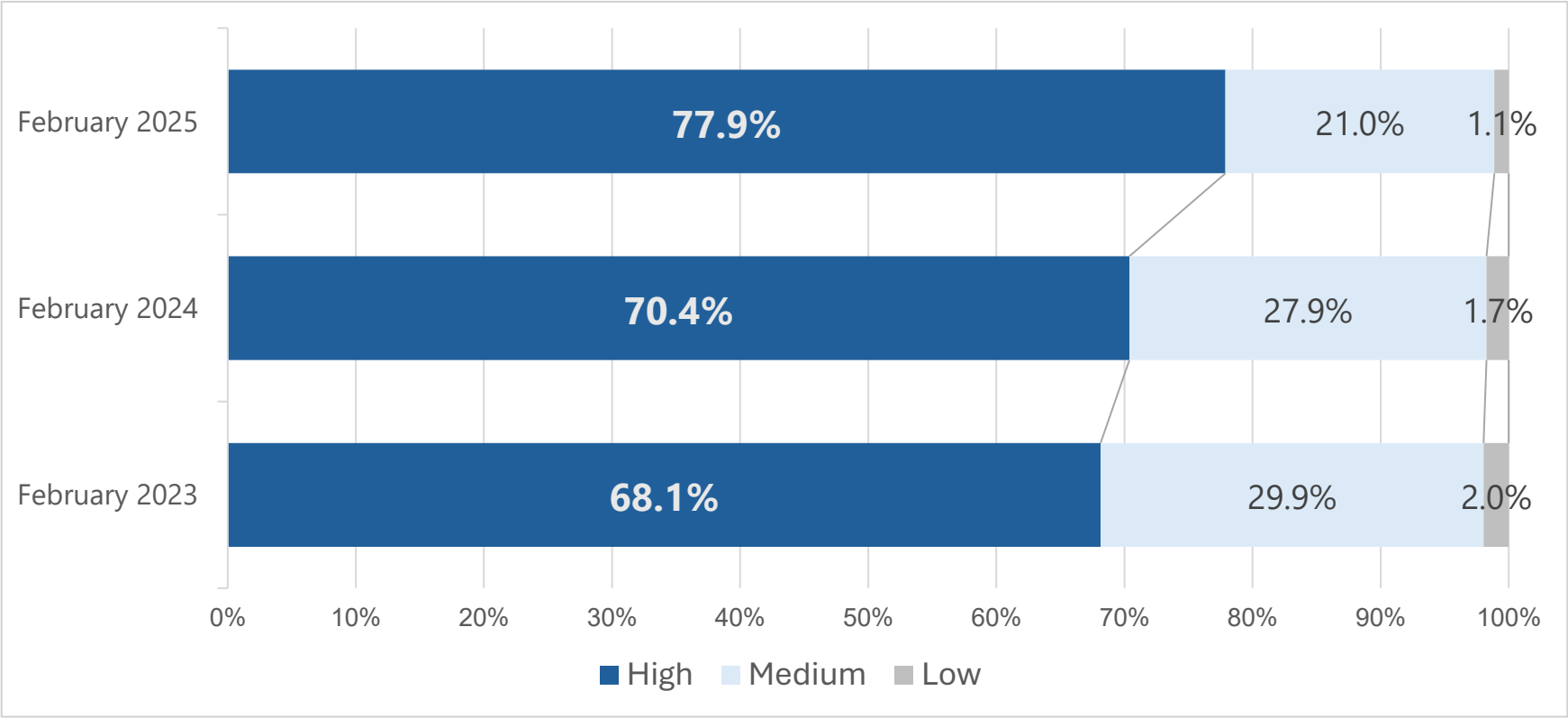


# Improving Employee Health Literacy

Our group aims to increase the number of employees who possess the correct knowledge for maintaining health and can take action on their own. We measure and evaluate employees' health literacy through a health survey conducted twice a year, which consists of 12 questions across six categories: exercise, diet, sleep, habits, stress, and health check-ups.

## < Current Status of Employee Health Literacy >



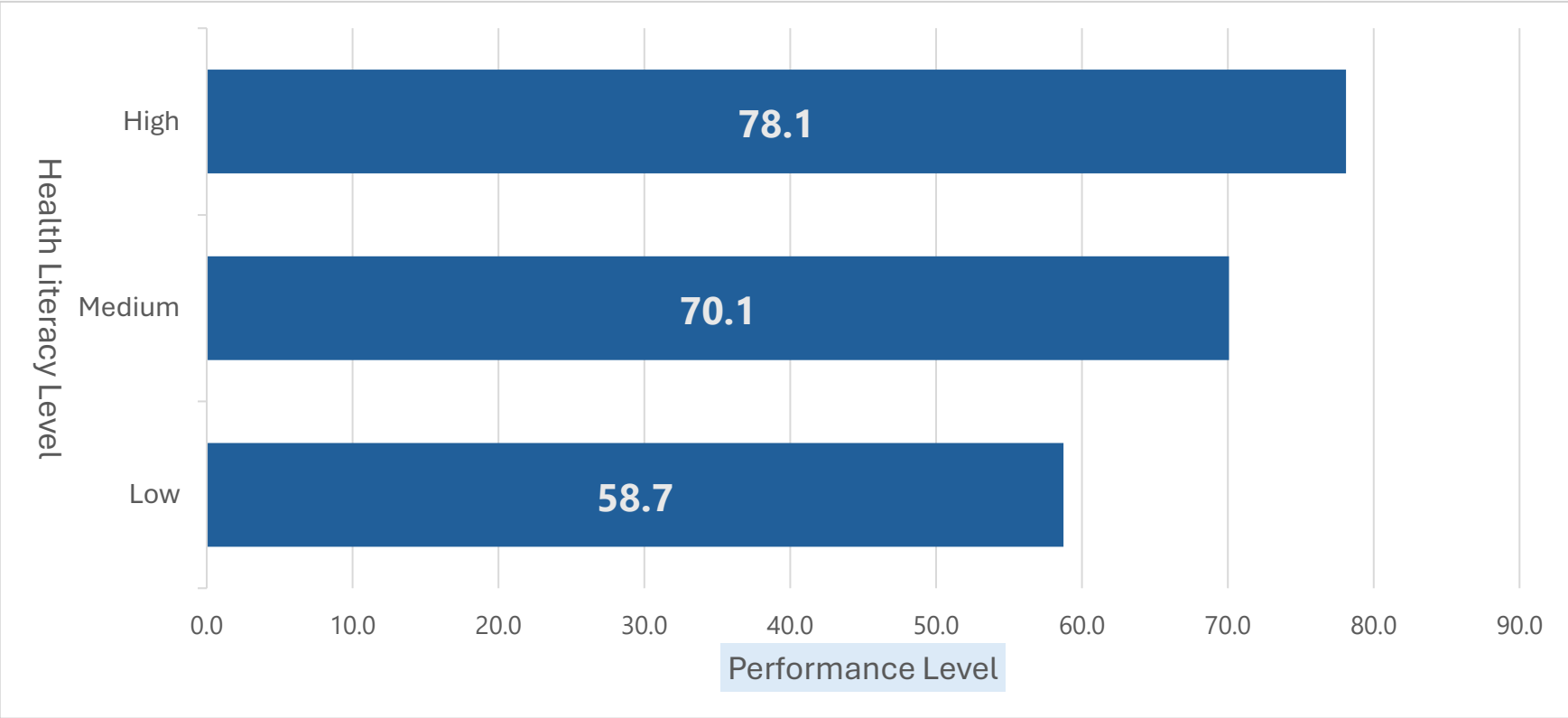
From the Health Initiative Survey (February 2025)

## <Tendencies of Employees with High Health Literacy>

Employees with high health literacy tend to maintain good health and show positive effects on their work performance. Below are graphs illustrating the tendencies between various health indicators and health literacy.

### Presenteeism and Health Literacy

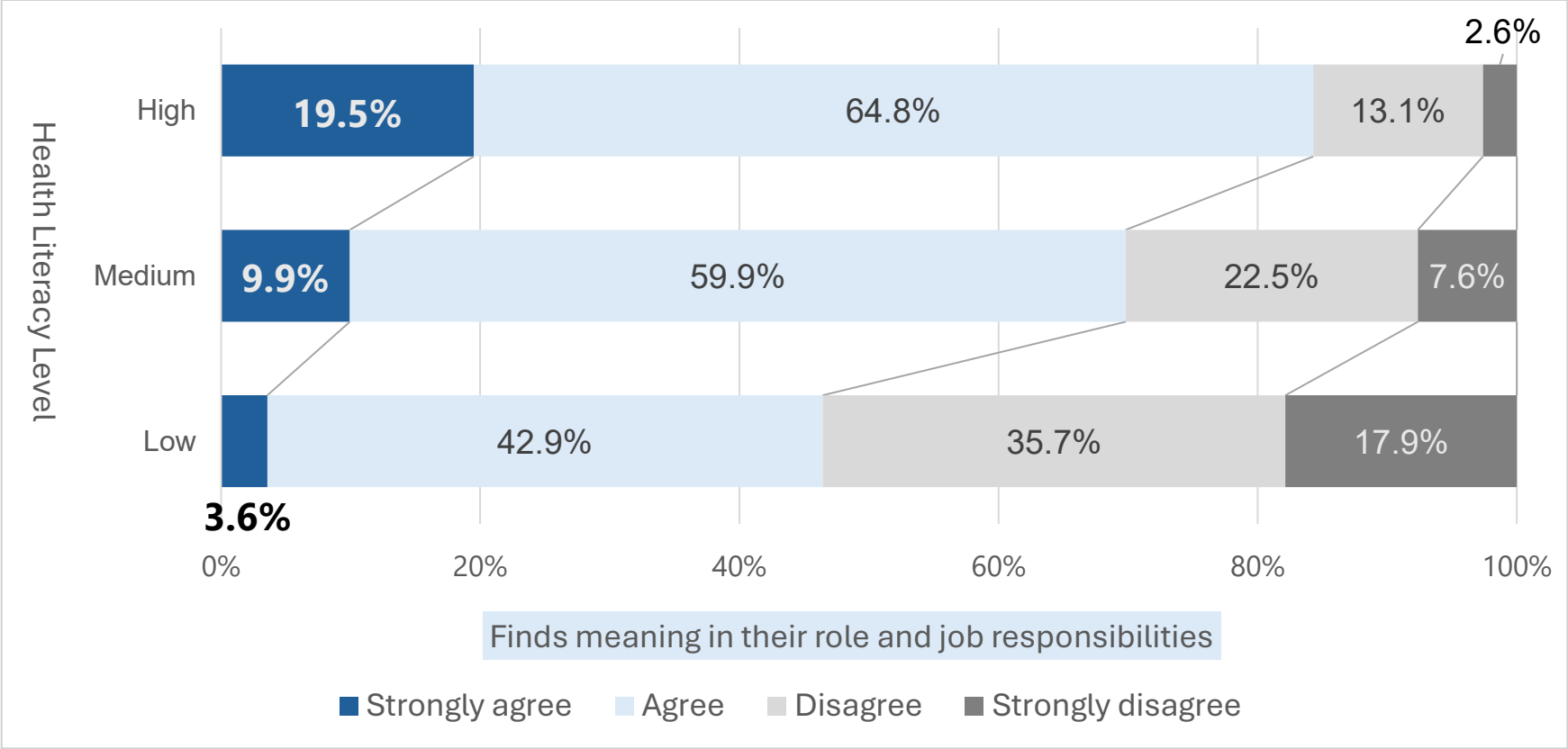
Employees with higher health literacy tend to have higher performance levels.



From the Health Initiative Survey (February 2025)

# Job Satisfaction and Health Literacy

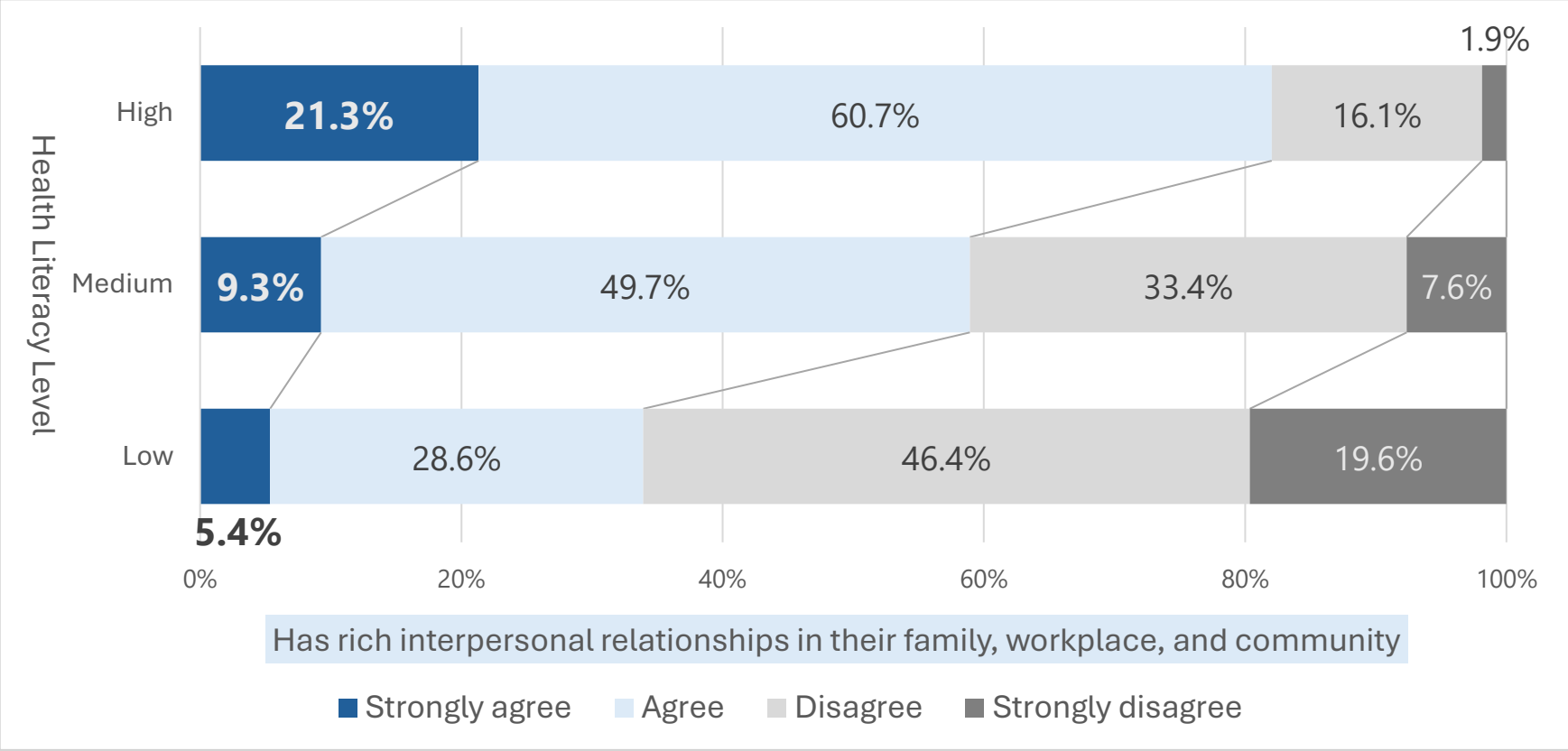
Employees with high health literacy tend to find more meaning in their roles and job responsibilities.



From the Health Initiative Survey (February 2025)

# Social Health and Health Literacy

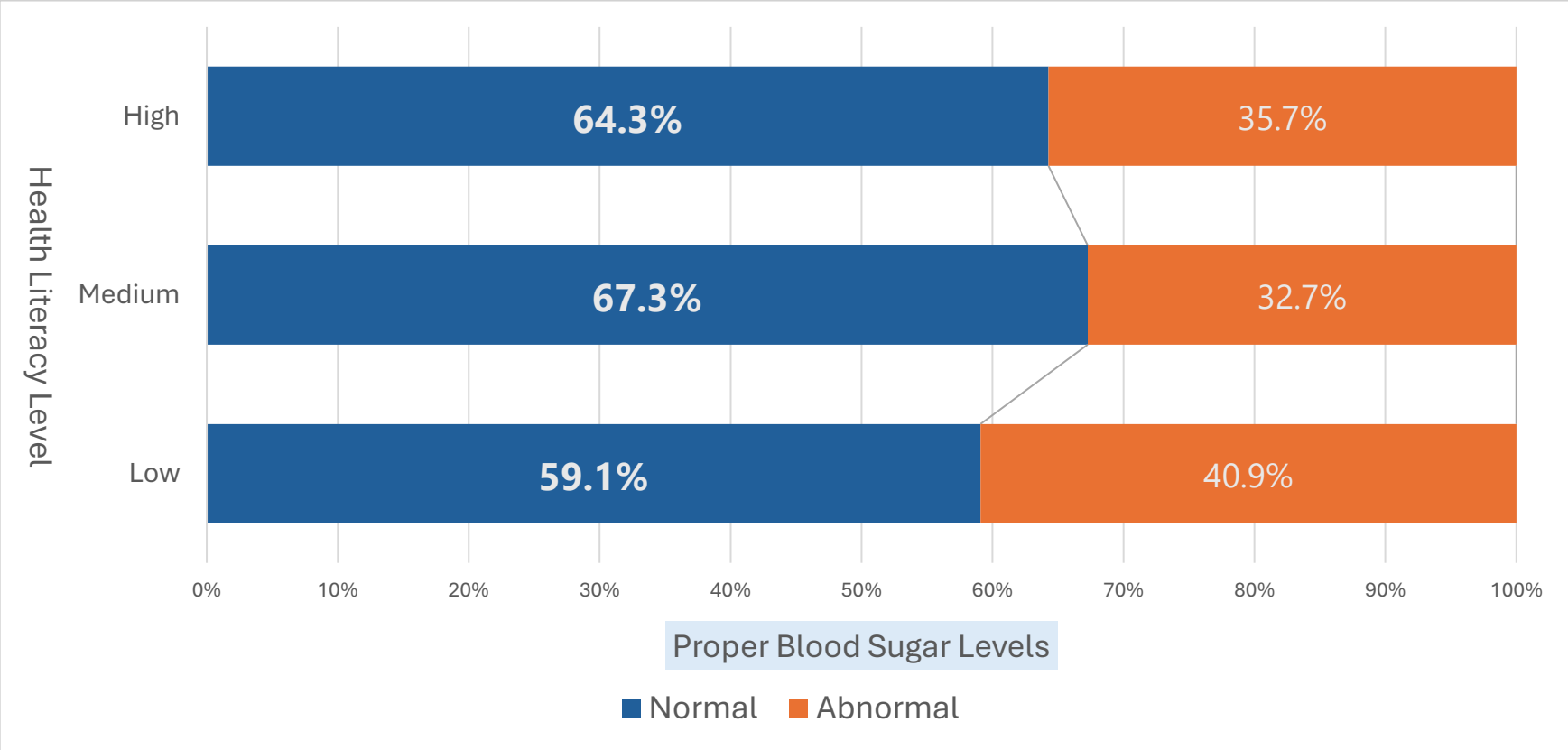
Employees with high health literacy tend to have rich interpersonal relationships in their families, workplaces, and communities.



From the Health Initiative Survey (February 2025)

# Proper Blood Sugar Levels and Health Literacy

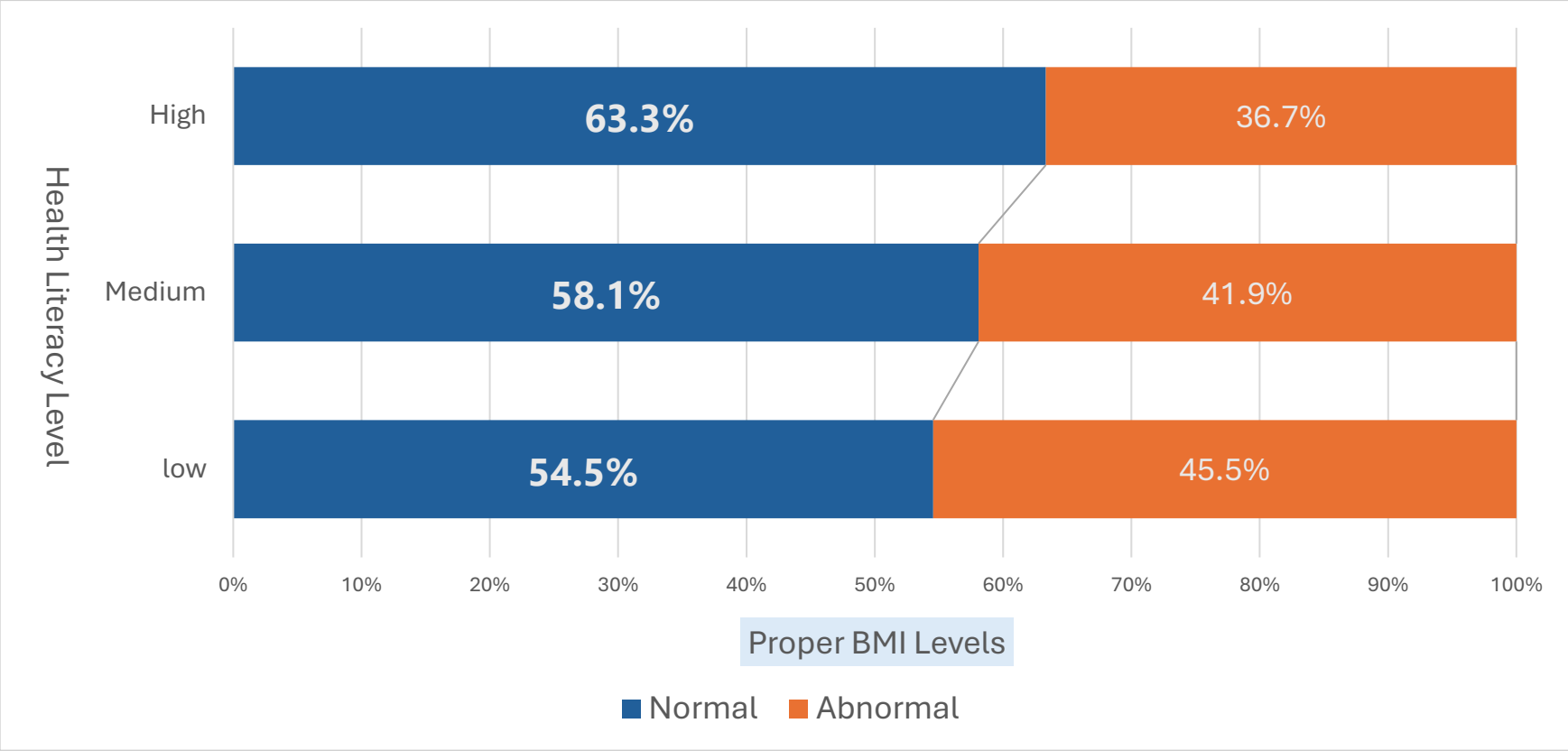
While proper blood sugar levels are not significantly affected by health literacy, employees with moderate to high health literacy levels tend to have higher proper blood sugar levels compared to those with low health literacy.



From the Health Initiative Survey (February 2025) and the 2024 Health Check-up Results

# Proper BMI Levels and Health Literacy

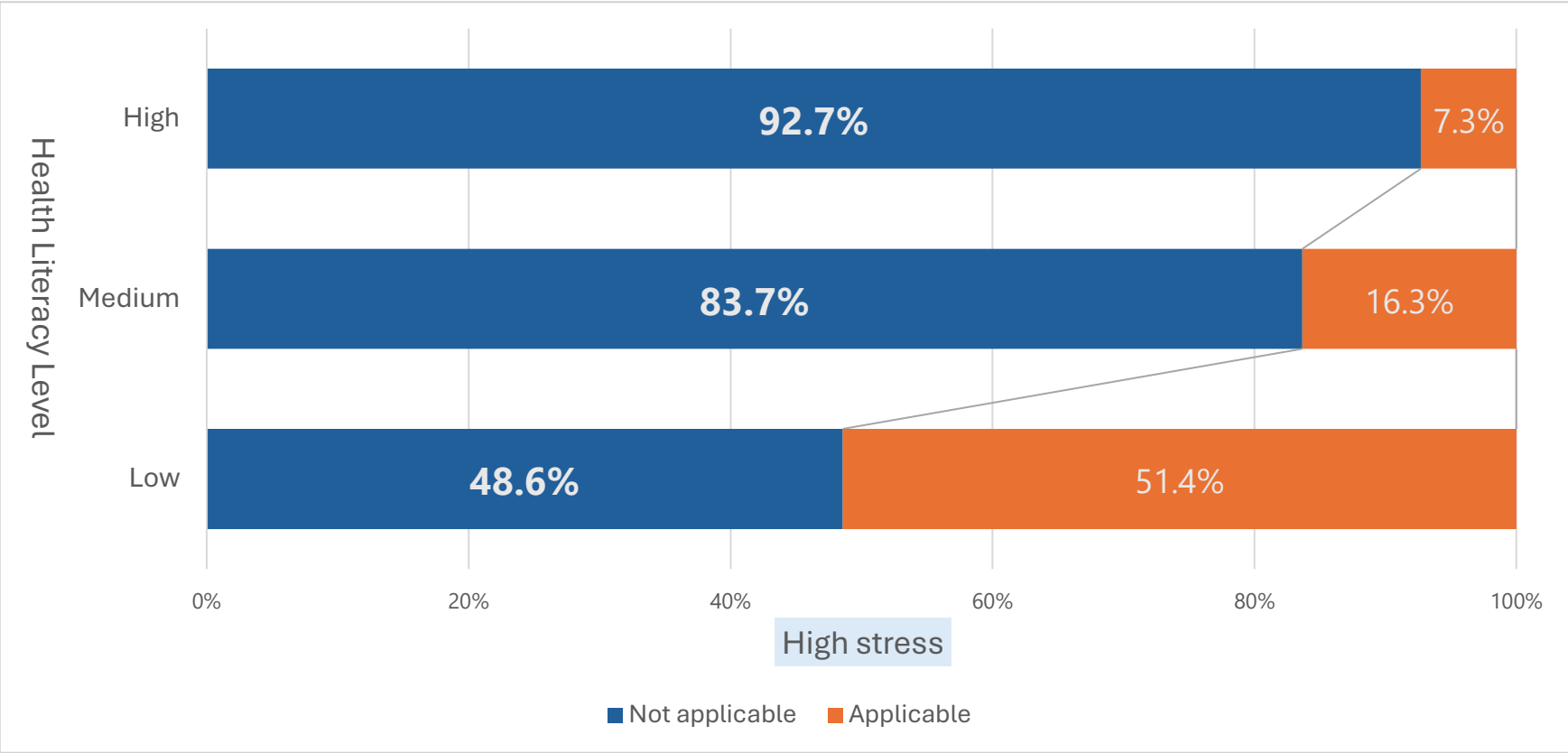
Employees with high health literacy tend to have higher proper BMI levels.



From the Health Initiative Survey (February 2025) and the 2024 Health Check-up Results

# High Stress and Health Literacy

Employees with high health literacy are less likely to fall under the high-stress category.



From the Health Initiative Survey (February 2025) and the 2024 Stress Check Results